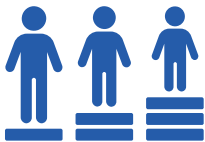


Improving your CIHR Grant Application Through IDEAA and Engaging People with Lived Experience



How can you integrate EDI principles in your research?

GENERAL



A [Practical Guide to Writing about Equity Diversity and Inclusion in Grant Proposals](#), developed by Toronto Metropolitan University, offers a framework for increasing equitable and inclusive participation in the research system and is specific to a Canadian context. Other resources include:

- [NSERC guide on integrating equity, diversity, and inclusion considerations in research](#)
- [Best practices in equity, diversity and inclusion in research practice and design](#)
- [UHN Research learning module: Integrating IDEA in translational research methodology](#)

In addition, the inclusion of an EDI statement is an essential component of a research plan. After you have considered where in the research plan your EDI statement will be, consider [this resource](#) to help create a thoughtful, reflective, and impactful statement.

DATA



For guidance on ensuring equity in data science, consider consulting the “[We All Count](#)” project, including their 1-hour [Data Equity Primer](#), which is an introduction to the core issues facing the equitable and ethical use of data.

SEX & GENDER



Integrating sex and gender considerations in research is vital to ensure results are rigorous, applicable and transferable. CIHR has developed [a resource](#) on how to identify methods for integrating sex and gender variables in health research.

In addition, [Gendered Innovations](#) has detailed case studies and checklists for sex, gender, and intersectional analysis in many biomedical research topics.

HIRING PRACTICES



A resource created by the Government of Canada describes how to [create an equitable, diverse, and inclusive research environment: a best practices guide for recruitment, hiring, and retention](#).

Reach out to the Research IDEA (Inclusion, Diversity, Equity, Accessibility) team at edi@uhn.ca to learn more about integrating EDI principles in your work.

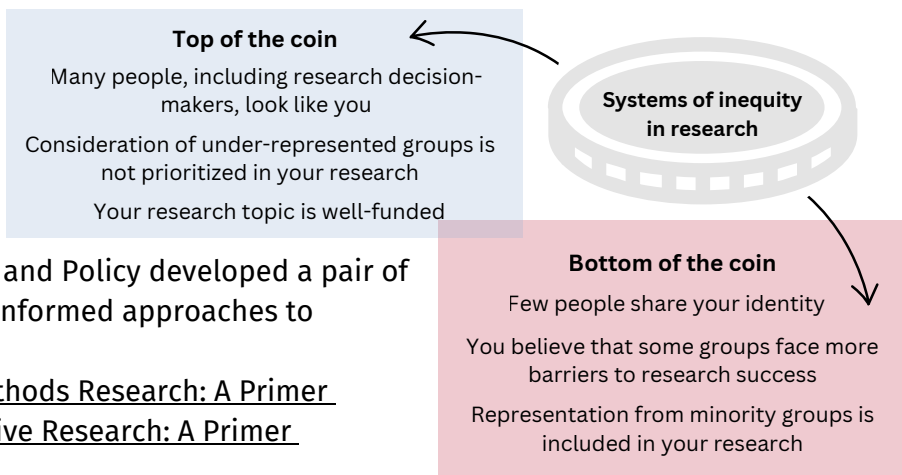


How can you use an intersectional approach to improve your proposal?

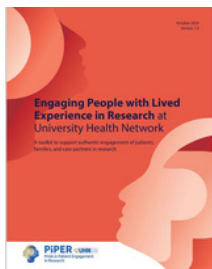
Stephanie Nixon's Coin Model guides individuals in acknowledging their positions of privilege. The coin model can be applied to a research context:

The Institute for Intersectional Research and Policy developed a pair of documents to support intersectionality-informed approaches to research:

- Intersectionality-informed Mixed Methods Research: A Primer
- Intersectionality-informed Quantitative Research: A Primer



How can you effectively integrate the engagement of people with lived experience in your research?



The Pride in Patient Engagement in Research (PiPER) team at UHN released a toolkit in 2023 to support the engagement of patients, families, and care providers in research. The toolkit outlines five roles for engaging people with lived experience (PLEX). The toolkit also suggests tools for **measuring** and **evaluating** PLEX engagement in research, and a **planning tool** to help you take the first steps in engaging PLEX.

Additional resources created by the PiPER team:

- What is Patient Engagement in Research? YouTube Video
- How to Write a Plain Language Summary YouTube Video
- Plain Language Summary E-Learning Module



An important part of PiPER's mission is to provide compensation for PLEX engaging in research activities across the UHN. The PiPER team will be releasing a **Compensation Policy** in 2026 to provide guidelines, requirements, rates, and considerations related to reimbursing PLEX. Stay tuned!

CONSULTATION

Interested in taking the next steps in engaging a patient partner? Reach out to a member of the PiPER team at piper@uhn.ca to learn more!



How can your research team ensure the provision of suitable training for scientists, staff, patient partners, and other key collaborators?

NATIONAL

The CIHR Training Hub provides a comprehensive array of professional development opportunities and research training modules that cover priority areas.

PROVINCIAL

Ontario's Strategy for Patient-Oriented Research SUPPORT Unit provides courses, workshops, and a training program to gain the basic skills and knowledge to engage meaningfully in patient-oriented research.

LOCAL

The PiPER Toolkit has training and education resources for scientists, research staff, trainees, and people with lived experience for each role.